

Activities

1. Aladdin's Hat

What You Need: Red solo cup, yarn or string, and a hole punch

What You Do: Want a hat just like Aladdin's? Follow the instructions below to create your own!

- Grab the red solo cup and punch a hole on either side.
- Thread the string or the yarn through the holes.
- Tie onto your head!

2. Family Fitness Challenge

What You Need: No supplies needed (except your strength!)

What You Do: We've all seen the push-up challenge on Instagram. So we came up with a family fitness challenge. Someone will have to do five push-ups every time:

- Anyone says "Abu" or "Street Rat".
- You see the palace
- A song begins
- Anyone rides the magic carpet

Modifications:

- Instead of doing pushups or situps, flap your arms like Iago. Stick your arms straight out to your sides and flap them up and down 5 times.
- If you have younger kids, pick only one or two things to look for in the movie.
- Clap and cheer when a song begins rather than doing push-ups.

3. Magic Carpet Ride

What You Need: A sturdy blanket.

What You Do: Have your kid sit on a large sturdy blanket. Two adults grab two ends and raise them up to fly on the magic carpet. Take them on a magical ride around the house before landing back in Agrabah.

Modifications:

- If you don't have another adult available, or the kids are a bit too heavy, have the kids sit on the blanket and have one person pull them on the floor around the house.
- You could also have your kids give magic carpet rides to their favorite dolls or stuffed animals!